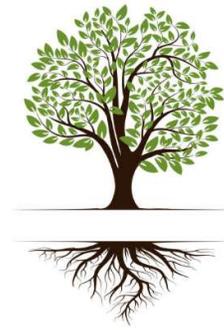
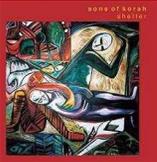


PATHFINDERS

@ST LAWRENCE

PSALM 1 21/06/20



<p>Intro...</p>	<p><i>We are starting a short series looking at 4 psalms. The book of Psalms is the song book of God's people in the Old Testament. There are songs of joy and praise, songs of anguish and anxiety, repentance and reflection. If you ever think there is something or some emotion that you can't talk to God about, there really isn't - check out the psalms! David was a great musician - remember he used to play the lyre to calm Saul down when he was angry? Psalm 1 is the introduction to Psalms - it might well have been written by David - but we can't be certain.</i></p>
<p>Read...</p>	<p>Psalm 1 Read it ...https://www.biblegateway.com/passage/?search=Psalm+1&version=NIV Or listen to it being read...https://www.biblegateway.com/audio/suchet/nivuk/Ps.1</p>
<p>Listen...</p>	<p>https://www.youtube.com/watch?v=74sQNz1wa7I</p>  <p><i>A setting of Psalm 1 by Sons of Korah (the band has taken its name from the name of the writers of some of the psalms)</i></p>
<p>Watch...</p>	<p>https://youtu.be/OhU-XIZAHqw</p> <p><i>Click to watch a 6minute thing on this Psalm from an American! It is good though...</i></p>
<p>Think...</p>	<ol style="list-style-type: none"><i>1. Watch the video</i><i>2. What bad things tend to grab your attention?</i><i>3. In what ways are these things undesirable? Why is it so easy to fall in line with the way the world views things?</i><i>4. Describe the wisest person you know. What makes that person so wise? What evidence can you see from your life that you are on the path of the Godly?</i>

	<p>5. <i>This psalm states “blessed is the one whose delight is in the law of the Lord.” The law of the Lord is his word the Bible. What does it mean to delight in the Law of the Lord?</i></p> <p>6. <i>What are you intentionally doing right now to become more like the tree planted by streams of water? That means - how can you spend more time delighting in God’ word?</i></p> <p>7. <i>What would your life look like if you were bearing fresh fruit every month?</i></p>
<p>Listen...</p>	<p>https://www.youtube.com/watch?v=HvL5agdjHVA</p> <p><i>A very catchy song! Great to learn the words of this psalm!</i></p> 
<p>Pray...</p>	<ul style="list-style-type: none"> • <i>Read the words of the psalm again. Ask for help to walk in God’s way today and for the rest of the week.</i> • <i>Think about when you are most likely NOT to go God’s way. Ask him for strength to make the right decisions.</i> • <i>Ask for help to “delight in his law”. Try to read a bit of the Bible each day. When you have, think and pray about it. What difference will it make to your life today? What do you need to change? Ask for God’s help.</i> • <i>Check out stlm.uk/youth for some ideas on where to start with reading the Bible.</i> <p><i>The promise is that if we take God and his word seriously and put what he says into practice we will be like fruitful trees, planted by water - secure, growing, satisfied, fruitful - sounds good to me!</i></p>